

Hepatitis C: State of Medicaid Access Report Card

South Dakota

Estimated Number of Individuals Living with Hepatitis C: 3,800¹



Grade	Summary
<h1 style="font-size: 2em; color: #800000;">F</h1>	<p>Liver Damage (Fibrosis) Restrictions: South Dakota requires severe liver damage (F3 or greater) to qualify for treatment.</p> <p>Sobriety Restrictions: South Dakota requires six months of abstinence from alcohol and substance use.</p> <p>Prescriber Restrictions: South Dakota requires a specialist to prescribe treatment or consult with the prescribing provider.</p> <p>Recommendations to Improve Patient Access:</p> <ul style="list-style-type: none"> • Remove liver damage, sobriety and prescriber requirements. • Maintain transparency regarding hepatitis C coverage requirements. <p><i>Grade Rationale: South Dakota imposes unacceptable hepatitis C coverage restrictions in all categories. With these restrictions, very few people have access to hepatitis C treatment.</i></p>

Background

As of May 2019, South Dakota had 116,643 individuals enrolled in Medicaid and Children’s Health Insurance Program (CHIP).² The South Dakota Department of Social Services (DSS) manages the Medicaid program.³ DSS operates a Fee-For-Service (FFS) program and a Primary Care Case Management system (PCCM) known as PRIME.⁴ Most beneficiaries, 80 percent, are enrolled in PRIME; the remaining 20 percent participate in FFS.⁵ South Dakota Medicaid establishes hepatitis C coverage criteria for the whole program and there is coverage parity across the PCCM and FFS. These criteria reflect South Dakota’s aggressive approach and management of the pharmacy benefit. The 2018 Medicaid Report states, “this management approach includes a strong clinical prior authorization process, as well as the utilization of a Pharmacy and Therapeutics Committee and Drug Utilization and Review Committee comprised of pharmacists and physicians.”⁶

State of Medicaid Hepatitis C Treatment Access

South Dakota severely restricts access to hepatitis C medications. Beneficiaries must receive prior authorization (PA) and be at least 18 years old to qualify for treatment.⁷ Beneficiaries must have severe liver damage (F3 or greater) and must attest to being abstinent from alcohol and substance use for the past six months.⁸ A prescription must be written by or in consultation with a hepatologist, gastroenterologist, or infectious disease specialist.⁹

Liver Damage (Fibrosis) Restrictions

South Dakota requires a biopsy, unless medically contraindicated, confirming severe liver damage (F3 or greater) to qualify for treatment. Alternatively, a fibroscan score of 10 or greater, APRI score of 2 or greater, or beneficiaries who document severe extrahepatic manifestations can qualify for treatment.

Sobriety Restrictions

South Dakota requires attestation that the beneficiary is abstinent from alcohol and substance use for the past six months prior to initiating treatment.

Prescriber Restrictions

South Dakota requires a hepatologist, gastroenterologist, or infectious disease specialist to prescribe hepatitis C treatment or consult with the prescribing provider.

Medicaid¹⁰: Bill Snyder, Director, Division of Medical Services, Department of Social Services, State of South Dakota
700 Governors Drive Kneip Building, Pierre, SD 57501-2291; Telephone: (605) 773-3495

¹ South Dakota State Profile, HepVu): <https://hepvu.org/state/south-dakota/>

² Medicaid and CHIP in South Dakota, By-State, Medicaid.gov (Accessed August 2017): <https://www.medicaid.gov/medicaid/by-state/stateprofile.html?state=south-dakota>

³ South Dakota Medicaid Report SFY18, South Dakota Department of Social Services: https://dss.sd.gov/docs/news/reports/2018_medicaid_report.pdf.

⁴ South Dakota Medicaid Report SFY18, South Dakota Department of Social Services: https://dss.sd.gov/docs/news/reports/2018_medicaid_report.pdf.

⁵ Share of Medicaid Population Covered Under Different Delivery Systems, Medicaid Market Tracker, Henry J Kaiser Family Foundation: <https://www.kff.org/medicaid/state-indicator/share-of-medicaid-population-covered-under-different-delivery-systems/?currentTimeframe=0&sortModel=%7B%22collId%22:%22Location%22,%22sort%22:%22asc%22%7D>.

⁶ South Dakota Medicaid Report SFY18, South Dakota Department of Social Services: https://dss.sd.gov/docs/news/reports/2018_medicaid_report.pdf.

⁷ Medicaid P&T Committee Meeting June 21, 2019, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/SDM_06.2019.pdf. See also Hepatitis C Prior Authorization Request Form, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/HepatitisC_SDM.pdf; Prior Authorization, OptumRx/South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/Prior_authorization.html.

⁸ Medicaid P&T Committee Meeting June 21, 2019, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/SDM_06.2019.pdf. See also Hepatitis C Prior Authorization Request Form, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/HepatitisC_SDM.pdf; Prior Authorization, OptumRx/South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/Prior_authorization.html.

⁹ Medicaid P&T Committee Meeting June 21, 2019, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/SDM_06.2019.pdf. See also Hepatitis C Prior Authorization Request Form, South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/HepatitisC_SDM.pdf; Prior Authorization, OptumRx/South Dakota Department of Social Services: https://prdgov-rxadmin.optum.com/rxadmin/SDM/Prior_authorization.html.

¹⁰ South Dakota, Medicaid Directors, National Association of Medicaid Directors: <http://medicaiddirectors.org/about/medicaid-directors/>; See also Staff and Program Directory, Department of Social Services: <https://dss.sd.gov/staffandprogramdirectory/>